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# DO YOU, OR SOMEONE YOU KNOW NEED HELP WITH SUBSTANCE MISUSE?

Young Gloucestershire has a service to help you understand the impact of substance usage.

Whether its support to reduce or stop using substances, we can help you on the journey.

**The key being you need to want to make a change.**

**Information &  
Advice for  
16-25 year olds**

**ONE-TO-ONE  
SUPPORT**

SCAN ME



**Young Gloucestershire's  
Referral Form**

Charity No. 281797

